

# How to make Water kefir

**1**

Add 1 part sugar  
to 20 parts water  
Ratio 1 : 20

*Stir to  
dissolve the sugar*

**2**

Add the kefir grains  
to the mixture  
Ratio 1 : 10

*add  
some  
raisins*

**3**

After ~ 48 hours  
pour everything  
into a sieve  
over a bowl

**Kefir**<sup>shop</sup>  
kefirshop.eu

**4**

The kefir is ready  
to drink

[www.kefirshop.eu](http://www.kefirshop.eu)